

Replacement  
 New Instructor  
 New Class  
 New Time

TRUE FITNESS - TAIWAN USJ

Group Exercise Schedule (Level 3 Cycle Studio) W.E.F 6th - 12th FEBRUARY 2012

Please take note of the changes on the classes on the 5th FEBRUARY 2011(SUNDAY) due to Public Holiday

CYCLING	MON	TUE	WED	THURS	FRI	SAT	SUN	
7:15-8:05AM	PUBLIC HOLIDAY SCHEDULE	PUBLIC HOLIDAY SCHEDULE		LES MILLS RPM JASON O				
10:00-10:50AM						LES MILLS RPM YEOH		
10:40-11:30AM	1.00PM-1.50PM	11.15AM-12.05PM						
11:15-12:05PM							LES MILLS RPM COLIN	
2.00-2.50PM								
4:45-5:35PM			LES MILLS RPM ALEX C	LES MILLS RPM YEOH				LES MILLS RPM JASON O
6:45-7:35PM					LES MILLS RPM JASON O			
7:00-7:50PM						7.40-8.40PM LES MILLS RPM JASON O		
7:30-8:20PM						LES MILLS RPM YEOH		
8:00-8:50PM					LES MILLS RPM REAGAN			
8:30-9:20PM								